



Come to Me in the Most Blessed Sacrament

“My joy, my pleasure, my delight is to be with you” Proverbs 8:31

What to do in Eucharistic Adoration.....

Read Sacred Scripture

Pray the Holy Rosary

Speak about your loves ones

Pray for an enemy

Pray for the souls in Purgatory

Promise to Trust Him

Renew your loyalty to His Church

Ask your patron saint to pray for you to know and do God’s will

Thank Him for the Sacraments.

Say one Our Father slowly

Pray for a great love of the Cross

Be aware that He is sending out graces to the world through you

Tell Him: Jesus, I trust in you...strengthen my trust

Talk to Him heart to heart

Pray for our Holy Father

Pray for vocations

Pray for the world

Enjoy just being in His Presence